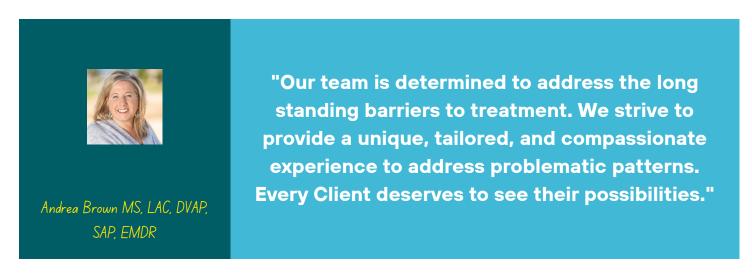
GEARS



Founder, CEO's Message



If everyday life becomes unmanageable due to substance use, unresolved emotional trauma, uncomfortable mood disorders, or compulsive behaviors, treatment should be considered.

If dysfunctional behaviors have had a negative effect on your job, relationships, finances, and health, incorporating and increased level of support, including clinical guidance, should be considered.

Placement in this program is based on assessments and behaviors that indicate a client is likely to benefit from, and have a higher level of success, when engaged in a higher level of intensive treatment. EOP (Enhanced Outpatient Program) clinical focus may include **individual therapy, MRT, DBT, Relapse Prevention, Seeking Safety, and More**. Level II Education will not be covered in this curriculum.

All Enhanced Outpatient Therapy are approved by the Behavioral Health Administration (BHA)

Client Responsibilities:

Confidentiality - What happens in group, stays in group
Privacy (The Stop Rule) - If asked to participate in an activity that is uncomfortable, you have the
right to pass
Dignity - No hazing, humiliation, or abuse in any way, will be allowed or tolerated in this program
Violence or Intimidation - Any harm toward persons or property will result in being asked to leave
the group
Alcohol or other Drugs - Sobriety is required to attend. If the facilitator has reason to believe that a
client is under the influence, removal from the group will occur
Exclusive Relations - Dating or intimate partnerships between group members will not be
permitted
Gossip - Secret grudges / hearsay will not be allowed in the group. Such behavior is very
destructive to a safe environment
Attendance - Every group must be attended unless an emergency arises. The facilitator shall be
notified ahead of time that the client will not be in attendance. (Work schedule is not a qualifying
emergency). If a client has three unexcused absences, continued participation will discussed
Internet Connectivity - Strong internet connectivity is required. Lost connection due to internet
may be considered an unexcused absence
Responsibilities - It is the responsibility of the facilitator to enforce the responsibilities and
regulations of the group. However, clients in attendance, at any time, may propose any
procedures or guidelines for the group to consider as possible contribution or alteration
Termination - Clients will make a commitment to not leave the group unexpectedly without
closure to the other attendees. This process allows for clients to say goodbye and provide support
to one another as necessary

Our Mission and Approach

The Extended Enhanced Outpatient Program provides intensive support to those with mental health, substance abuse, or identified co-occurring disorders. The primary model of support is group therapy which includes a mix of insight-oriented groups, psycho-educational groups, skill building groups. Individuals are active members of their care and choose which groups to attend, their individual needs, and personal preferences.

Our approach is based on the models and principles of wellness, recovery, and resiliency with individuals taking an active role in the development of his/her recovery goals. We acknowledge each person has unique strengths and abilities, and provide individualized plans of care tailored to meet the goals identified by each person.



Our Team

Our multi-disciplinary team of behavioral health professionals includes licensed clinicians, bi-lingual Court liaison, bi-lingual intake coordinator, and several support staff to assist the journey of our clients from the moment they are referred to our agency.

Contact

For further information, please reach out to our Business Manger Brandie at (970) 439-3109 or brandie@slopesidecounseling.org

Group Date / Time: Tuesday and Thursday 4:00PM-5:30PM

https://zoom.us/j/9704062620

Address: PO Box 24591 Silverthorne, CO 80497

Phone: (970) 439-3109

Website: www.slopesidecounseling.org



Your success and wellness depends on you, but never needs to be managed alone. Attendance to both groups weekly is mandatory. The team here at Slopeside strive to provide you the treatment you deserve with unconditional respect add positive regard. This person-centered treatment requires that the Client take their treatment and care as seriously as we do.

Allowing yourself to meet your full potential as productive individuals with regard to your mental health and substance use behaviors is the goal that this group, along with your participation, is designed to provide!!

They tried to bury us, but didn't know we were seeds ~~~~ Dinos Christianopolos